



**LET THERE BE NO  
CRIPPLE**

**PIETATE ARTE ET SCIENTIA CORRIGERE  
(WITH COMPASION, SKILL AND KNOWLEDGE WE CORRECT)**



## **BULAND THAPA**

260/19 Siddhi Charan Road, Swoyambhu – 15, Kathmandu, Nepal  
9851048149 [thapakaji@gmail.com](mailto:thapakaji@gmail.com)

### **PROFESSIONAL SUMMARY**

- 38 years of service in the medical field.
- Chief Consultant, Professor in Orthopedic/Trauma Surgery
- Highly qualified in Medical Service, Academy and Research in medical science.
- Academician , Nepal Academy of Science and Technology (NAST) -2011
- Former Director, National Academy of Medical Sciences, Bir Hospital (2010 - 2015),
- Founding member and Former Director of National Trauma Center (2016-2017)
- Former Vice-President (2000) and President of Nepal Orthopedic Association (2015-2017)
- National and International facilitator in Hospital Preparedness in Emergencies (HOPE) course.
- Founder member and Establishment of the Inaugural Primary Trauma Committee (PTC) and Instructor of PTC training course in Nepal (2006)
- Co-Chair, Regional Technical Advisory Group (RTAG), Road Traffic Injuries (RTI), WHO, SEARO – 2012
- Past Chairman, Disaster Relief Committee, Asia Pacific Orthopedic Association (APOA) – 2015
- Expert member, Scientific Advisory Committee (SAC) for WHO, SEAR funded project – 2020
- Council Member Asia Pacific Osteoporosis and Fragility Fracture Society(APOFFS)
- Education Committee Member, Asia Pacific Orthopedic Association(APOA)
- President , Fragility Fracture Network –Nepal (FFN Nepal)
- Chairman , ManMohan Health Foundation
- President , RUDN Nepal ( Alumni of Peoples' Friendship University Of Russia , PFUR)

### **EDUCATIONAL QUALIFICATION**

Post-graduate Fellowship Program

2012

<i>Ram Bam Medical center HAIFA, Israel</i>	
• Disaster Trauma and MCS	
Post-graduate Fellowship Program, <i>TCM Research Institute, Beijing PR China</i>	2009
• Traditional Chinese Medicine	
Post-graduate Fellowship Program, <i>University Hospital of North Staffordshire, NHS, Stoke on Trent, UK</i>	2006
• Traumatic Orthopedic Surgery	
Masters in Orthopedic and Traumatology MS (ORTHO) <i>NITOR, DHAKA Bangladesh</i>	1994
Doctor in Medicine (MD) Hons <i>Patrice Lumumba Friendship University, Moscow, Russia</i>	1984
Certificate Level in Medical Science <i>Institute of Medicine (IOM), Maharajung, Kathmandu Nepal</i>	1977
• General Medicine	
General Certificate of Education <i>Cambridge University UK</i>	1973
• GCE O-Level	

## **COURSES/TRAINING**

- Participated and Presented Scientific papers in National/International Seminars, Symposia workshops, Conferences and Congresses on Orthopedic Trauma Surgery, Road Traffic Injuries and Disaster management. 2015 - 2020
- Participated in Inter country Workshop on Injury Surveillance for the South-East Asia Region in Maldives. 2009
- Certificate of Participation in the “Instructional Course on Spinal Trauma and Current Advances in Spine” Kathmandu 2007
- Certificate of Participation in Hand Surgery Workshop, Instructor in Basic Surgical skill course, for eg: Primary Trauma Care
- Certificate of Completion of Training for instructors (TFI) course – HOPE 2005
- Certificate of completion in Hospital Preparedness for emergencies (HOPE) courses in Kathmandu 2004
- Certificate of instruction in the US Embassy training team, academic exchange program in Bir Hospital 2004
- Participant and Certification in Weapons of Mass Destruction awareness Seminar, Kathmandu 2003
- Certificate of Appreciation by 19 Special Forces Group (Airborne), Kathmandu 2003
- Certificate of Instruction Military Medical Training Team, Academic Exchange program, Bir Hospital Kathmandu 2003
- Primary Trauma Care Management Instructors Course, Kathmandu 2003

- IV Illizarov Limb course, Gorakhpur, India 2003
- Participant in the Trauma conference, United Mission Hospital, Tansen, Palpa 2002
- Participant in Hand Surgery Workshop Organized by KUMS and Interplant, Inc. USA 2002
- Participant in the CME program organized by PGMECC, Ministry of Health and TUTH 2001
- Participant as a Vice-President of NOA in combined congress of British Orthopedic Association (BOA) and Japanese Orthopedic Association (JOA) in London 2000
- Participant in Several Orthopedics Training program by WOC/Impact/Nepal, UK 1996-1999
- Participant in numerous symposiums in Orthopedic Trauma 1995-1999
- Numerous certificates of attendance in All Nepal/ SAARC Medical Conference
- Participant in HIV/AIDS training and counselling program, Kathmandu 1995
- Sports Medicine Course organized by International Olympic Committee – FIFA 1991
- Participant in Acknowledgement in contribution to the Scientific Sessions organized by Bir Hospital, Kathmandu 1990
- Participant in Nepal German Neuro Surgical and Orthopedics meeting held in Bir Hospital, Kathmandu 1988
- Participant in Olympic Solidarity Course, Asian conference in sports medicine, India 1987
- Participant in IOC sports leadership course, Seoul South Korea 1986

## **POSITIONS AND DECORATIONS**

- Executive member of National Orthopedic Association (NOA) 2000 onwards
- Vice-President NOA 2000 – 2002
- Past President of NOA 2015 - 2017
- Academician of Nepal Academy of Science and Technology 2011
- Co-Chair Regional Technically Advisory Group (RTAG), Road traffic injuries (RTI) WHO, SEARO 2012
- Past Chairman, Disaster Relief Committee, Asia Pacific Orthopedic Association (APOA) 2015
- Expert member Scientific Advisory Committee (SAC), WHO SEAR funded project 2020
- Awarded Certificate from Local Development Ministry for the Innovative work done in Bir Hospital, esp. Establishment of Health Care Waste Management system in Nepal and South Asia 2012
- Awarded Felicitation letter from the parliament of GBE, UK for the Innovative work done with the services rendered in Bir hospital for the common people of Nepal 2014
- Registered Member in Nepal Medical Council
- Life-Member, Society of Surgeons in Nepal
- Life Member, Association of Hand and Micro-Surgeons in India
- Life Member, NOA
- Life Member Nepal Medical Association
- Gold Medal for Outstanding contribution to Nepal Children’s Organization

- King Birendra Coronation Medal
- Mahendra Educational Gold Medal, Nepal
- University Gold Medal, Moscow
- University Gold Medal, Dhaka

## **PUBLICATIONS AND ORIGINAL RESEARCH WORK**

### **BOOKS:**

- Development of Modern Medicine in Nepal Published 2015

### **ARTICLES**

- Challenges in the Countryside Published in Orthocon 2004
- Rush Nailing in Open/Closed Tibial Fractures (1998 - 2002) Prospective Research work Published in Journal Orthocon 2004
- Rods/pins in peripheral hospitals (1996 - 2002) Prospective Research Work
- Thresher Injuries of Hands in Lumbini Zonal Hospital (1997-1999) Prospective Research work published in the Scientific Journal of Orthopedic Surgeons from SAARC countries 1998
- Longitudinal splitting of the Tibialis Anterior and GN muscle for coverage of compound fractures of the middle third of Tibia (1997- 1999) Prospective Research work published in the Journal Orthocon III Nepal 1999
- Modified Tension Band wiring technique in transverse fracture of patella (1990 - 1993) Prospective Research work published in JNMA Vol. 113 Jan-Mar 1995
- Resection Arthroplasty (Girdle stone Operation) of Intracapsular fracture of the femoral neck 1990 – 1993 Prospective Research work
- Mysteries of our Mind 1986
- Environmental Hazards 1985
- Numerous Articles published in different journals, magazines and newspapers and Innumerable thesis guidance to Master students in National Academy of Medical Sciences, Bir Hospital, Kathmandu .